

Testing for Common STDs

YOUR CHOICES

When it comes to testing for sexually transmitted diseases (STDs), you have lots of choices. From how to find testing, to screening and treatment methods, you have the power to make the decisions that work for you. Get to know your options.



WHO should get tested

Women under 25

- Sexually active
- Pregnant

Women over 25

- New partner
- Partner may not be exclusive
- Pregnant
- Don't always use condoms
- Drug or alcohol use

Common STDs

Gonorrhea

is a contagious bacterial STD passed on through contact.

Chlamydia

is one of the most common bacterial STDs.

Trichomoniasis

or "trich" is one of the most curable STDs.

Symptoms are rare

90%

of women with chlamydia don't show symptoms¹

80%

of women with gonorrhea don't show symptoms²

70%

of women with trichomoniasis don't show symptoms³

Complications are common

STDs cause

24K women to become infertile each year.⁴

STDs may lead to:

vaginitis, cervicitis, chronic pelvic pain, and pelvic inflammatory disease (PID).

Chlamydia and gonorrhea are passed on during childbirth and cause serious complications for the baby.

Testing METHODS

Vaginal swab

Cervical swab (during Pap test)

STD testing can often be done during a routine gynecology exam.

Urine specimen

Easy to treat with antibiotics

Some antibiotic treatments can be taken in only a single dose or over a few days.

Options TO GET TESTING



Ask your doctor

Doctor visit required

Schedule an appointment with your doctor and ask for your test sample to be processed at Quest.

OR



Buy for yourself

No doctor visit required

For your convenience, QuestDirect tests can easily be purchased online.

PURCHASE YOUR TEST

References:

¹ Farley TA, Cohen DA, Elkins W. Asymptomatic sexually transmitted diseases: the case for screening. *Prev Med.* 2003;36:502-509.

² Korenromp EL, Sudaryo MK, de Vlas SJ, et al. What proportion of episodes of gonorrhea and chlamydia becomes symptomatic? *Int J STD AIDS.* 2002;13:91-101.

³ Centers for Disease Control and Prevention. STD Facts - Trichomoniasis. (January 19, 2021). Accessed March 03, 2021.

⁴ 4 STIs among Young Americans 2013. May 7, 2013. Accessed November 23, 2020. <https://www.cdc.gov/nchhstp/newsroom/2013/sam-info-graphic-2013.html>